

Life & Leisure

AREA MILITARY BASES PLAN 4TH OF JULY ACTIVITIES

Don Robbins

Assistant Editor

A series of 4th of July Independence Day celebrations for military members, their families and Department of Defense cardholders have been scheduled at Hawaii bases. They include:

- Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation will hold a free July 4th Beachfest from 11 a.m. to 5 p.m. at Hickam Harbor.

The Air Force Band of the Pacific-Hawaii and the Pacific Fleet Band will perform a variety of music at the event, including rock, pop and a patriotic salute.

Activities and entertainment include:

Demonstrations of water-

propelled jet packs and a chance to register to win a jet pack experience for two, shave ice while supplies last, standup paddleboarding, a boat tour of the harbor, a discover scuba adventure, sales of food and beverages, and free *keiki* (children's fun) activities.

Patrons can register to win prizes, including a \$1,000 gift certificate. Other prizes include beach cottage stays, luxury golf packages and other MWR recreational and dining experiences.

Pre-register for July 3 overnight camping at the Hickam Marina Office. Space is limited. For more information on camping, call 449-5215.

The event is open to all military-affiliated and Department of Defense

cardholders and their sponsored guests. Parking is available at Hickam Harbor, the Hawaii Air National Guard parking lot and Honeymoon Beach.

For more information, visit the websites www.greatlifehawaii.com or [Facebook.com/greatlifehawaii](https://www.facebook.com/greatlifehawaii).

- U.S. Army Garrison-Hawaii will host a July 4th celebration at Schofield Barracks, for military members and their families. The event will include fireworks from the commissary parking lot starting at 8:30 p.m.

Activities begin at 10 a.m. and continue throughout the day. They will include pony rides, a games midway and mechanical bull riding, crafts and new products bazaar, food booths, a military working

dog demonstration, and music from a variety of live bands.

Other activities will include a 5:30 p.m. flag retreat followed by a performance by the band OneRepublic. A 50-state patriotic salute, 25th Infantry Division Band concert and performance of the 1812 Overture will take place at 7:15 p.m.

Army officials are forecasting that Schofield Barracks will reach maximum field capacity this year due to conditions that did not exist in previous years, including the return of most service members from deployment and Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii not offering fireworks.

Because of these capacity

and safety concerns, the event will be open only to Department of Defense (DoD) ID cardholders. This includes military members, their families, military retirees, DoD civilian employees, and their authorized guests.

For more information, visit the website www.himwr.com.

- The traditional fireworks show will not be included in this year's 4th of July freedom celebration at the Pacific Missile Range Facility (PMRF) on the island of Kauai due to budget constraints. In addition the Navy's July 3 observance at PMRF will be a picnic-type family event open only to Department of Defense ID cardholders, their families and MWR recreational pass holders.



Photo illustration

MWR welcomes military to joint base with Newcomers Luncheons

Emily McNulty

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation
Marketing

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) offers a free Newcomers Luncheon to all military-affiliated personnel within their first six months of arrival. The next Newcomers Luncheon is July 17.

“We hope that all who attend the Newcomers Luncheon will walk away with a wealth of information that make their time in Hawaii both comfortable and enjoyable,” said Lesly Johnson, sponsorship coordinator for the joint base.

“The lunch is definitely family friendly. The overall atmosphere is fun and informal. And we have child and youth programs on-hand with activities suitable for most children,” Johnson added.

“It is always hard when you are brand new to a base or a city



Photo courtesy of MWR Marketing

Military service members speak to a sponsor at the Newcomers Luncheon and sign up for a giveaway.

for that matter. You come with a lot of questions. Whether you have been in the military for years, every base is different and has different offerings available,” according to Johnson.

“By attending our Newcomers Luncheon, many of your questions will be answered. But if we don’t answer your specific questions, representatives from various programs will be on-site to respond as well,” Johnson added.

When participants arrive for the luncheon, they should check in with an MWR staff member, who will distribute a press kit with the Great Life Hawaii Magazine, flyers of upcoming events and brochures with information on activities.

Participants will also receive one raffle ticket per family and one stamp-and-win card per family. The raffle ticket may be used for prizes given away by MWR throughout the luncheon.

The stamp-and-win card needs to be stamped by all sponsors and

turned in to be picked for the grand prize. The top prize item is the MWR coupon book, which features deals such as free surf lessons and free oil changes.

The staff will also describe all MWR activities offered on Pearl Harbor-Hickam, the website greatlifehawaii.com, the Facebook page (search for Great Life Hawaii) and the Twitter page (@GreatLifeHawaii).

Once the presentation is over, the sponsors will distribute the prizes and MWR will hand out the raffle winner prizes. The optional base tour immediately follows the lunch.

“The tour gives those new to the base a chance to see where a lot of MWR facilities are located. Along the way you may hear a few interesting facts about this historic base, thanks to our tour guide Roger,” Johnson said.

Those interested can visit www.greatlifehawaii.com to register for the next Newcomers Luncheon.

Free summer concert series features military bands

A free summer concert series will feature the Pacific Fleet Band, Air Force Band of the Pacific and the Marine Forces Pacific Concert Band. It will be held in partnership with Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation.

Authorized patrons are invited to bring a beach chair, blanket and their favorite treats and beverages to the concerts. All the concerts start at 5:30 p.m.

Events at Hickam Harbor are as follows:

- July 26, Hana Hou — the rock band of the United States Air Force Band — and the Pacific Fleet Band popular music group will perform classic rock, rhythm-and-blues, top 40 and Hawaiian favorites.

Events at the grassy area between the Fleet Store and Scott Pool are as follows:

- Aug. 23, the Air Force Band of the Pacific’s “Papana” group and the Pacific Fleet VIP Combo band will perform a diverse repertoire including classic and contemporary jazz, Latin, bebop and original arrangements.

- Sept. 13, pops in the park will take place with Marine Forces Pacific Concert Band performing music from stage and screen, light classics and patriotic favorites. There may also be some surprises at this Friday the 13th concert.

The concerts are open to all military-affiliated personnel and Department of Defense ID cardholders and their sponsored guests. No pets, umbrellas or tents are allowed. The schedule is subject to change without notice.

For more information, visit www.greatlifehawaii.com or [Facebook.com/greatlifehawaii](https://www.facebook.com/greatlifehawaii).

Commissaries plan for Monday furloughs

When furloughs are implemented, most military commissaries will close one day a week on Mondays, said Joseph H. Jeu, the director and CEO of the Defense Commissary Agency (DeCA). The closures will be for up to 11 days between July 8 and Sept. 30.

Closing commissaries on Mondays would be in addition to any days stores are routinely closed. The 148 stores that routinely close on Mondays would also close

the next normal day of operation. Other than the furlough day, there are no other changes planned for store operation hours.

The announcement comes as DeCA follows Department of Defense protocols related to the automatic federal government budget reductions, known as sequestration, which began March 1. Like most DOD activities, DeCA is mandated by the department to furlough its civil service employees.

Commissaries announce July 4 holiday hours

On July 4, the Pearl Harbor Commissary will be open from 9 a.m. to 5 p.m. The Hickam Commissary will be open from 10 a.m. to 6 p.m.

For more information, call the Pearl Harbor Commissary at 471-8402 ext. 101 or the Hickam Commissary at 449-1363.



Online

<http://www.hookelenews.com/> or visit

<https://www.cnlc.navy.mil/Hawaii/index.htm>



Mighty Mo will celebrate Independence Day with Salute to Valor Music Festival

Battleship Missouri Memorial Association

Battleship Missouri Memorial will celebrate Independence Day with A Salute to Valor Music Festival starting at 2 p.m. July 4. The \$7 admission fee includes a concert and tour of the “Mighty Mo.” The event will be held at the memorial at Ford Island.

The event is a tribute to the men and women of the United States Armed Forces.

Performers from ensembles around the country will join together to form the festival chorus and honor Independence Day with America’s patriotic music. After the music festival, concertgoers can tour the Battleship Missouri



Memorial at their leisure.

Shuttle service to the Battleship Missouri Memorial from the World War II Valor in the Pacific National Monument will be available for those without base access to Ford Island. Please adhere to the no-bag policy.

The Mighty Mo recently celebrated the 15th anniversary of its arrival at its permanent port in Pearl Harbor.

For information on how to purchase tickets in advance, contact corporate travel service at 1-800-727-1999 ext. 166 or ddifranco@ctscentral.net.

For more information on the event, visit the Salute to Valor website: www.salutetovalor.com.

Advice offered for dealing with stress, furloughs and finances

Andrea Hantman

Civilian Employee Assistance Program

Many Department of Defense civilian employees have now received furlough notices. Beginning July 8, most civilians will start the furlough cycle, now scheduled for up to 11 days, one day per week, until the end of the fiscal year. This means for most that there will be a pay reduction of 20 percent from

base (plus locality) pay.

Some classes offered by the Military and Family Support Center (MFSC) include Stress Management from 8 to 11 a.m. July 9 and Managing Money and Credit from 2 to 3:30 p.m. July 9 (Hickam MFSC).

The following are tips on ways to develop new habits and cut back on expenses.

Begin now to track your spending. Know where your money is going, and start now to write down all your

monthly expenditures.

Write down fixed expenses, averaged to a monthly figure. Then write down optional expenses. Separate your needs from “wants.”

If your expenses exceed income, it may be time to look for other options, such as increasing your income and decreasing spending.

In regard to debt, when possible contact your creditors prior to missing a payment. Inform your mortgage holder if you think you might be unable to pay your full

mortgage payment on time.

Discuss options, don’t ignore bills and don’t take on new debt. If you think there might be a security clearance issue due to debt, contact the Civilian Employee Assistance Program (CEAP) for a confidential appointment. Beware of scams and check with the Better Business Bureau or the Consumer Protection Agency.

In addition, create a written plan and get your family involved. Brainstorm ways to save and review periodically.

To learn something new during this period. Develop spending habits that work for you. Support your co-workers and family members, share what you learn and try to be well. Contact CEAP to set up an appointment to ensure you’re heading in the right direction.

CEAP counseling sessions are confidential and at no cost to civil service civilian employees. Call centralized scheduling at 474-1999, ext. 6201 or 6202 to obtain CEAP information or schedule an appointment.

Facebook unveils ‘Video on Instagram’ as additional feature

Anna Marie General

Joint Base Pearl Harbor-Hickam Public Affairs

With the recent announcement of hashtag support, Facebook also unveiled the launch of “Video on Instagram” during a live-streaming press conference June 20 at the Facebook headquarters in Menlo Park, Calif.

“It’s a big idea that a small team here has been working on,” said Mark Zuckerberg, Facebook co-founder.

In the past year, Instagram was asked to join Facebook and

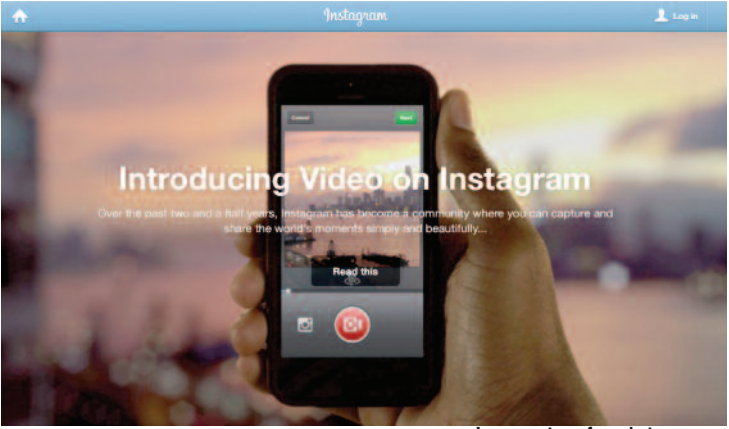


Image courtesy of www.instagram.com

now has more than 100 million active members.

As Facebook constantly develops additional features to their

social networking platform, their mission is to give people the power to share and make the world more open and connected.

Kevin Systrom, Instagram co-founder, introduced the new product stating, “Instagram is a tool to remember, to take meaningful moments, everyday moments that would otherwise be forgotten in the world, and to capture them forever.”

“When I think about Instagram and I think about moments, I think about visual imagery. What I can tell you is that our core visual imagery is everything, ... it’s what drives us,” Systrom said.

Popularly known as a photo sharing app, Instagram users will now be able to record 15-second video clips, use 13 custom filters, select a cover frame and utilize a video stability feature called Cinema.

Joint Base Pearl Harbor-Hickam (JBPHH) is currently part of four social media networking sites: Facebook, Twitter, YouTube and iTunes with plans to add Instagram as another communication tool.

“Like” us on Facebook at www.facebook.com/JointBasePearlHarborHickam or follow us on Twitter @JointBasePHH to get the latest news.

USS Arizona Memorial returns to full tours July 1

National Park Service

USS Arizona Memorial tours will return to a full tour schedule July 1.

World War II Valor in the Pacific National Monument will return to offering these tours every 15 minutes from 8 a.m. to 3 p.m. daily. Tickets are available online at Recreation.gov or on a first-come, first-served basis at the Pearl Harbor Visitor Center. The visitor center opens at 7 a.m. and closes at 4:30 p.m.

To meet sequestration requirements in the 2013 federal budget, the National Park Service delayed hiring positions in visitor services. These positions are now being filled and, with the support of partner Pacific Historic Parks, the National Park Service will again offer 29 tours to the USS Arizona daily (equaling 4,350 visitors) beginning July 1.

The National Park Service has operated USS Arizona Memorial tours on a limited schedule since March 6.

During this time, tickets to visit the memorial have been distributed very quickly, sometimes before 8 a.m. It is estimated that 140,400 visitors (1,200 daily) were impacted by sequestration from March 6 through the return to full tours.

Despite limited tour scheduling, the Pearl Harbor Visitor Center has experienced a 20 percent increase in visitation from the previous year during the past several months, including more than 15 percent additional visitors to the USS Arizona Memorial in May.

The visitor center book store, snack shop, museums and audio tours remain available during business hours. The Pearl Harbor Historic Sites (USS Bowfin Submarine, Pacific Aviation Museum, Pearl Harbor and the Battleship Missouri Memorial) are open and accessible. Visit recreation.gov for reservations and pearlharborhistoricsites.org for more information about visiting Pearl Harbor.

Naval Health Clinic Hawaii announces Independence Day weekend hours

Naval Health Clinic Hawaii

All Naval Health Clinic Hawaii (NHCH) health care operations will be closed on July 4 in honor of Independence Day.

This includes all medical/dental facilities at Branch Health Clinics (BHC) Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay, Pearl Harbor Naval Shipyard and Pacific Missile Range Facility, Barking Sands. All routine care should be planned prior to or after the Independence Day weekend. This includes appointment scheduling, prescription refills, laboratory draws, etc.

Independence Day weekend hours of operation for NHCH are listed below:

- July 5: Only BHC Makalapa will be

open from 8 a.m. to 4 p.m. for acute care needs. All other clinics are closed.

- July 6: The urgent care walk-in clinic at Makalapa Clinic will be open from 8 a.m. to noon and 1 p.m. to 3 p.m. for acute care needs.

- July 7: All NHCH health care operations will be closed.

All clinics will reopen for regular business hours on July 8.

Beneficiaries can speak to a health-care provider at any time the clinics are closed by calling the “Provider After-Hours Advice Line” at 808-473-0247, ext. 3.

For emergencies, call 911 or go to Tripler Army Medical Center. For active duty dental emergencies, call 808-864-4705. For NHCH hours of operation, visit the website at <http://www.med.navy.mil/sites/nhch>.

My Favorite Photo...

Master Sgt. Darrell J. Bactad of the Hawaii Air National Guard (HIANG) took this photo recently of a stand-up paddler at sunrise with Diamond Head in the background.

How to submit: Send your (non-posed) photo to editor@hookelenews.com.



STORY IDEAS?

Contact the Ho’okele editor for guidelines and story/photo submission requirements

Phone:
(808) 473-2890

or email:
editor@hookelenews.com





Live the Great Life

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Texas Hold 'em and Bunco will begin at 5:45 p.m. tonight at Tradewinds Enlisted Club, Oahu Room. This is a member's only event. Winners receive prizes. All ranks are welcome and reservations are encouraged. FMI: 448-2271.

Crud Tournament will be held from 6 to 10 p.m. tonight at the Hickam Officers' Club's Koa Lounge. FMI: 448-4608.

Chill & Grill and 9-ball Tournament will be held from 6:30 to 8:30 p.m. tonight at Club Pearl's Brews & Cues. Participants must be age 18 or older. FMI: 473-1743.

Free Ladies Golf Clinic will begin at 9 a.m. Saturday at Mamala Bay Golf Course. FMI: 449-2300.

"Have Book, Will Travel": Screen Printing will begin at 2 p.m. July 2 at the Hickam Library. Teens ages 13 to 18 can participate. Bring your own T-shirt, and then return

on July 6 to complete your project. Priority will be given to those registered for the summer reading program. FMI: 449-8299.

Beginners Sailing will be held from noon to 2 p.m. or 3:30 to 5:30 p.m. Tuesdays and Thursdays July 2 to 30 at Rainbow Bay Marina. The class is taught by a certified instructor and consists of classroom theory and on-the-water group instructions. A maximum of eight students per class is allowed. FMI: 473-0279.

Free Ladies Golf Clinic will begin at 9:30 a.m. July 3 at Barbers Point Golf Course. FMI: 682-1911.

Basic Drawing Techniques: Still Life will be held from 6 to 8 p.m. Wednesdays July 3 to 24 at the Hickam Arts & Crafts Center. Students will use a variety of drawing media and exercises, including working from still life setups and photographs. FMI: 448-9907.

Celebrate Independence Day with all-nighters

Tradewinds Enlisted Club and JR Rockers have been hosting all-nighter since the early 1980s. Patrons can experience four deejays spinning different music in separate rooms all connected by a door or walkway.

"I love working the all-nighter because of the people. We always get a diverse crowd, all ages, all services. They always fill up, and each room has its own element to make it stand out," explained Celeste Kamai, duty manager at JR Rockers.

"One of the best things about deejaying the all-nighter is that it's such a known event, we don't even have to promote. It's guaranteed fun, and our patrons can't wait to come back," said DJ Doc J, who deejayed at the first all-nighter in the



MWR Marketing photo

Patrons dance the night away at one of JR Rockers/Tradewinds All-Nighters.

early 1980s.

The all-nighter offer club-goers the opportunity to dance all night, sit, relax and

listen to some music or salsa the night away or eat soul food. The next all-nighter is July 3 starting at 9 p.m.

Learn history and culture on ITT Chinatown food and historic tour

With Hawaii's unique cultural diversity right in Joint Base Pearl Harbor-Hickam's back yard, it is easy to discover different parts of the island from neighborhood to neighborhood.

Information, Tickets and Travel (ITT) offers a variety of local tours, including the Chinatown food and historic tour. Discover the history of Honolulu's Chinatown while sampling Chinese treats along the way. This walking tour explores historical buildings, open markets, Chinese-style bakeries and more.

It is offered once a month and departs from the ITT-Hickam office. A 15-minute bus ride takes patrons to the

heart of downtown Honolulu where the tour begins. Participants will be given a 30-minute brief of Chinatown's history before meeting the guide and departing for the walking tour.

The next available tour will be held from 8:45 a.m. to

1 p.m. June 29. The cost is \$30 for adults and \$25 for children, which includes round-trip transportation from ITT-Hickam, guided tour and dim sum lunch. For more information, call 448-2295 or any of JBPHH's ITT offices or visit www.greatlifehawaii.com.



MWR patrons travel in a trolley to Chinatown for the food and historic tour.

MWR Marketing photo

Morale Welfare & Recreation

SUMMER FIREWORKS CRUISE

There will be summer fireworks cruises from 6:15 to 9:30 on Fridays throughout the month of July. The cruise includes a ride on the Waikiki Maita'i catamaran, fireworks, complimentary beverages and round-trip transportation from Information, Tickets and Travel (ITT)-Hickam. FMI: 448-2295.

YOUTH FOOTBALL REGISTRATION

Registration for NFL flag football will begin July 1 and continue until Aug. 3. The season runs September through December. FMI: www.greatlifehawaii.com or call 473-0789.

HICKAM HISTORICAL TOUR

Tours of historic Hickam will be held from 9:30 a.m. to 1:30 p.m. on Fridays throughout the month of July. Departures are from ITT-Hickam and Royal Alakai Lodge. FMI: 448-2295.

LIBRARY KNOW-HOW

The Hickam Library will hold a free educational tour at 11 a.m. July 6. The staff will demonstrate how to find e-books, audio-books, music, online foreign language training, and explain the Universal Class for online continuing education and the Dewey Decimal system. FMI: 449-8299.

GROUP SURF LESSON

There will be a group surf lesson from 8 a.m. to 1 p.m. July 7 at White Plains Beach. The registration deadline is July 2. Shuttle service is included via the Outdoor Adventure Center-Fleet Store. FMI: 473-1198.

ADULT AND CHILDREN'S SWIM LESSONS

Hickam Pool 2 will offer a variety of swim lessons beginning July 8. Classes are divided into four age groups: 6 months-3 years old, 3-4 years old, 5-16 years old, and 17 years and older. Register online at www.greatlifehawaii.com.

RACQUETBALL LESSONS

The Joint Base Pearl Harbor-Hickam Fitness Center will hold free racquetball lessons on July 11, 12 and 13. Classes are from 5 to 7 p.m. on July 11 and 12, and from 9 to 11 a.m. on July 13. Classes are taught by an American Professional Racquetball Organization certified instructor, and are open to eligible patrons 18 years and older. The last day to register is July 8. Sign up at the fitness center customer service desk. FMI: 471-2019.

SAILING INSTRUCTION

Sailing instruction will be held from 9:30 a.m. to noon Saturdays throughout the month of July at the Rainbow Bay Marina. This course offers a brief introduction to sailing and includes an overview in the classroom, demonstration of rigging, and some time on the water. This class is open to eligible adults and family members 10 years and older. FMI: 473-0279.

Community Calendar

JUNE

29 — The Polynesian Voyaging Society, in coordination with the Navy, will feature an interview with Rear Adm. Frank Ponds, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, as part of the television documentary “Hōkūle’a: Her Farthest Journey” airing from 7 to 8 p.m. on KHON2 and from 9 to 10 p.m. on Hawaii’s CW. Voyaging canoe Hōkūle’a is set to embark this month on a 46,000 mile, three-year journey to 21 countries with 65 currently planned landfalls. FMI: <http://www.khon2.com/hokulea/>.

30 — The Battleship Missouri Memorial announced today that the historic attraction will be closed to the public for one day on June 30 to accommodate a filming project. The memorial will reopen on July 1 with normal operating hours. The memorial is open daily from 8 a.m. to 5 p.m. during the summer (June, July and August). Contact the memorial for information about admission fees. FMI: 1-877-644-4896 or visit USSMissouri.org.

JULY

1 — The City & County of Honolulu will hold the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam “Giant Voice” works in conjunction with Honolulu’s outdoor warning sirens and will sound a steady tone for 45 seconds.

2, 10 — Upcoming Armed Services Blood Program drives include July 2, 7:30 a.m. to noon, Joint Base Pearl Harbor-Hickam Makalapa Clinic and July 10, 9 a.m. to 1 p.m., Naval Computer and Telecommunications Area Master Station Wahiawa Annex. FMI: 433-6699 or 433-6148 or e-mail michelle.lele@amedd.army.mil.

6 — An Independence 5K run/walk will be held starting at 7 a.m. at Ford Island. Prizes will be awarded for the top three male and female finishers and for best patriotic costume. All proceeds will benefit the 2013 Enlisted Navy Ball. Sign up at www.active.com or www.navyballhawaii.com. FMI: www.facebook.com/#!/PearlHarborNavyBall

6 — As part of National Oceans Month, a cleanup of White Plains Beach and a Hawaiian monk seal educational event will be held at the beach. The cleanup will be held from 7:30 to 8:30 a.m., and the monk seal educational event will be from 9 to 11 a.m. The event is open to anyone who wishes to volunteer. Attendees are encouraged to bring water, sunscreen, hat and sunglasses. Gloves and garbage bags will be provided. FMI: Patricia Coleman at 473-0369 or e-mail patricia.colemon@navy.mil.



FAST AND FURIOUS 6 (PG13)

Since Dom and Brian's Rio heist toppled a kingpin's empire and left their crew with \$100 million, our heroes have scattered across the globe. But, their inability to return home and living forever on the lam have left their lives incomplete. Meanwhile, Hobbs has been tracking an organization of lethally skilled mercenary drivers across 12 countries, whose mastermind is aided by a ruthless second-in-command revealed to be the love Dom thought was dead, Letty.

HICKAM MEMORIAL THEATER

TODAY 6/28
6:00 Fast and Furious 6 (PG13)

SATURDAY 6/29
2:00 Fast and Furious 6 (PG13)
7:00 The Hangover Part Three (R)

SUNDAY 6/30
2:00 Fast and Furious 6 (PG13)

Movie Showtimes

SHARKEY THEATER
is closed for renovations

Some MWR facilities and services may be subject to change. For more information, visit the JBPHH website at www.cnic.navy.mil/pearlharbor-hickam or the Navy Region Hawaii website at www.cnic.navy.mil/hawaii.

